Spruce Creek Swim Team Attendance Policy

Attendance at practices, meets, and other team events shows your dedication to the team and the sport. Attendance is a must for improved growth and development of all Creek swimmers. The coaching staff wants each swimmer to work towards his or her highest level of achievement.

Spruce Creek practices begin Monday, July 29, and will be held 10:30 – 12. After-school practices begin August 12 and are required. In addition, there are twelve morning practices 5:55 – 7:30 am on select Tuesdays and Thursdays from August 20 – October 15 for swimmers who want extra practices or who wish to make up an excused absence.

Unexcused absences remain as unexcused and can result in the swimmer being removed from the team. In general, a missed practice is unexcused because the swimmer did not contact Coach Anne prior to the practice or because of some non-school elective activity. See below.

Attendance is also part of the determination of a Varsity letter, Junior Varsity letter, or no letter at the end of the season. Parents, your support is crucial.

Each swimmer and parent should initial the following rules to indicate understanding and acceptance.

_____ _____1. Swimmers who train at a different facility or who swim at the Port Orange Y but at a different time from Creek practices must train with Creek during our designated practices.

_____ _____2. School-related activities or family conflicts that result in a missed practice or team event must be approved prior to the event.

_____ _____3. Although the coaching staff values academic success over swimming success, homework is <u>not</u> an excused absence. Swimmers are expected to manage their time and avoid procrastination of assignments. Swimmers may take 4 "homework" days on Tuesday or Thursday by swimming the first 45 minutes of practice and then leaving to begin their homework.

_____ _____4. A swimmer who must stay after school should inform Coach Anne.

_____ _____5. Missing practice or leaving early because of a job or most non-school activities is normally unexcused.

_____ _____6. If a swimmer attends school all day, he or she is expected to be at practice. A swimmer who misses school on the day of a meet will not swim in the meet. When illness prevents a swimmer from coming to practice, a parent should email Coach Anne.

_____ _____7. After the first unexcused absence, a coach will speak with the swimmer. After the second unexcused absence, a coach will email the parent so that the parent is aware of the issue and the potential consequences. After the third unexcused absence, the swimmer will not swim in the next meet but is expected to attend the meet as a volunteer. <u>After the fourth unexcused absence, the swimmer is off the team.</u>

Swimmers, please contact Coach Anne throughout the season regarding any absences.

_____ _____

Swimmer name (printed and signed) Parent name (printed and signed)